



168 Hours
Heart and Soul Series
Pastor Adrian Schoonmaker
January 18 & 19, 2025

Scripture Reference: Philippians 2:2-8, 12-17.

Work together with one _____¹ and _____².

You must have the same _____³ that Christ Jesus had.

He humbled himself in _____⁴ to God and died a criminal's death on a cross.

For God is working in you, giving you the _____⁵ and the _____⁶ to do what pleases him.

Do everything without _____⁷.

1. Mind 2. Purpose 3. Attitude 4. Obedience 5. Desire 6. Power 7. Complaining



168 Hours Group Life Questions

1. How can we work together with one mind and purpose to reflect the mission of Jesus in our daily lives?
2. In what ways can you practice humility and prioritize others' interests over your own this week?
3. What does it mean for you personally to have the same attitude as Christ Jesus, who humbled Himself and served others?
4. How can you practically “shine like bright lights” in a culture that often feels warped and crooked?
5. What are some ways you can “work hard to show the results of your salvation” in your relationships and commitments?
6. How does knowing that God is working in you to give you both the desire and power to please Him encourage you?
7. When have you felt that your faithful service to God was like an offering, and how did it bring you joy?
8. What might surrender your time to the mission of Jesus look like in the 168 hours you have each week?