



“Shame Off You”

REAL ID Series

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1. Scripture reference: 2 Samuel 9:1-13 (Pg 265)

2. Sources of Shame:
 - a. Voices in _____
 - b. Social _____
 - c. _____
 - d. _____

3. By sending Christ to _____ (Romans 5:8, Pg 969)

4. Emptied himself, by taking the form of a _____ (Phil. 2:5-8, Pg 1012)

5. Scripture references: John 6:37 (Pg 917), 2 Samuel 9:6-7 (Pg 265), 2 Cor. 5:17 (Pg 995), 2 Samuel 9:8-10 (Pg 265), Isaiah 49:16,23 (Pg 630), Isaiah 62:2-4 (Pg 641), Joshua 5:9 (Pg 184), Isaiah 54:4 (Pg 635), Joel 2:25-27 (Pg 783), Isaiah 61:7 (Pg 641), Zephaniah 3:17-19 (Pg 811)

Notes:



Group Life Questions

1. What are some common sources of shame in today's society? How have these affected your own sense of identity?
2. In 2 Samuel 9:1-13, how does King David's kindness to Mephibosheth reflect God's grace towards us? What does this story reveal about God's attitude toward shame and restoration?
3. How have the "voices in your head" or "social stigmas" influenced how you see yourself? What can you do to silence those voices with God's truth?
4. Romans 5:8 tells us that Christ died for us while we were still sinners. How does this verse challenge or encourage you in moments when you feel unworthy or ashamed?
5. What does it mean for you personally to sit at the "King's table" like Mephibosheth (2 Samuel 9:7)? How can you embrace this invitation in your daily life?
6. What steps can we take as a group to create a culture of grace, where shame does not have power over our lives? How can we encourage one another in this?
7. Philippians 2:5-8 describes Jesus humbling Himself, even to the point of death. How does His example of humility and servanthood challenge the ways we might feel shame about our own weaknesses?
8. Looking at Isaiah 54:4 and Zephaniah 3:17-19, how does God's promise to remove shame impact your understanding of your identity in Him? What does it look like to live without shame?